



# The Grief Trail - Terms and Conditions

## The Grief Trail ([WWW.TheGriefTrail.com](http://WWW.TheGriefTrail.com)) Terms & Conditions

### 1. Use of Content

- The information provided on this Site is for general informational and support purposes only. It is not professional medical or therapeutic advice.
- You should consult a qualified healthcare professional for any medical or mental health concerns.
- You agree not to reproduce, duplicate, copy, sell, resell or exploit any portion of the content without written permission.

### 2. User Conduct

- You agree to use the Site responsibly and respectfully.
- Do not post or email any content that is unlawful, harmful, defamatory, abusive, obscene, or otherwise objectionable.
- We reserve the right to remove or refuse any content that violates these terms.

### 3. Contact and Communication

- If you contact us via the provided email, you agree to communicate respectfully and understand that email communication is not guaranteed to be secure or private.

### 4. Limitation of Liability

- The Site and its content are provided “as is” without warranties of any kind.
- We do not accept liability for any loss or damage arising from use of the Site or reliance on its content.
- If you or someone you know is in crisis, please seek immediate professional help.

### 5. Changes to Terms

- We may update these Terms and Conditions at any time.

- Continued use of the Site after changes constitutes acceptance of the new terms.

### ***Contact details***

Email: [contact@thegrieftrail.com](mailto:contact@thegrieftrail.com)

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